



INFORMED CONSENT

Welcome to Ghost Paint Therapy! I'm Heather Hanlin, a Licensed Professional Counselor (LPC Associate-Supervised by Reem Glasco LPC-S) licensed in the state of Texas. License # 83696., I have advanced training in Natural Lifemanship TF-EAP (Trauma Focused Equine Assisted Psychotherapy.) I also use other techniques such as expressive arts, sandtray, and IFS (Internal Family Systems)

Benefits and Potential risks: Therapy can help you achieve the change in your life that you are looking for, including but not limited to improving relationships and reducing or eliminating symptoms. This works best when you are willing to put in effort during and between sessions.

All therapy has some risk involved. While most people eventually to get better, participating in therapy can be uncomfortable at times. Sometimes things will get worse before they get better. And for some people this type of therapy might not work well at all.

Confidentiality: I will keep everything you say in therapy confidential except for a few rare times when I am required by law to share information. .

- If I think you will seriously harm yourself or someone else. I may contact your emergency contact person or emergency personnel to advocate for your safety.
- If I learn about abuse or neglect of a child, or a person who is elderly or disabled. This includes an adult having sex with a minor under 17. I am mandated to make a report.
- If court ordered by a Judge. Confidentiality does not apply to criminal proceedings.

There are times that in order to make therapy better for you, I will consult with another mental health professional, also bound by confidentiality. In the event that I become incapacitated or pass away, your confidential records will go to the custody of Reem Glasco LPC-S 512-965-5105.

Your right to review records/HIPAA notice: You have the right to review or receive a summary of your records at any time, except in limited legal or emergency circumstances or when releasing information might be harmful in any way. In such case, I will provide the records to a

licensed mental health professional of your choice with written authorization. (fee may apply).

LITIGATION LIMITATION: Due to the sensitive nature of therapy and the information shared and addressed, I am not obligated to supply any documentation, correspondence, or presence regarding any legal proceedings. Should you or your attorney desire any documentation or service for court/legal purposes, I must receive such request in writing and by law have 15 days to give a response. I may decline the request if disclosure of the requested information may be harmful to you; no request will be acknowledged unless it is accompanied by the client or guardian's written permission. Any documentation, consultation, or testimony requests will incur a charge of \$500 per half day. Testimony charges may include time spent traveling, preparing reports, attendance, and other case related costs.

Fees: I am not on any insurance panels so fees are due at the time of service. Sessions are \$125 to \$150 for 50 minutes. When my fees change I will give you ample notice. If you attended therapy every week for 50 weeks your total annual cost would be \$7,500.

If you wish to bill your insurance yourself, I will provide you with invoices for our sessions. Be aware that invoices sent to insurance companies require a diagnosis that will become part of your health record, and therefore require disclosure of some of your confidential information.

Complaints: If something is bothering you or not working for you, please come talk to me about it. I want your therapy to be productive. If after talking to me you don't feel like we've come to an acceptable agreement you may contact the Texas State Board of Examiners of Professional Counselors at the Department of State Health Services. PO Box 149347, Austin, TX 78714 or (512) 834-6658.

Technology: You may reach me by phone at (512) 710-9184 with either a text or voice mail message. I will get back to you within 24 hours. If you have an immediate emergency dial 911. You can also reach me by email at hanlin.lpc@gmail.com. Email is not necessarily a secure means of communication so please keep email conversations general to protect your privacy. Also your therapy works best when our relationship is a professional one. For this reason, I will not respond to any requests from you on any form of social media.

Emergencies: I do not provide 24 hour service nor emergency services.

- **If you have a life-threatening emergency please call 911**
- **Urgent mental health crisis**
 - **Burnet County: 800-841-1255**
 - **Williamson County: 800-841-1255**
 - **Travis County: 512- 472 HELP (4357)**
- **Hope Alliance Crisis Hotline, domestic violence 1-800-460-7233**
- **Suicide prevention 1-800-784-2433**

Looking forward to working with you!

Signatures:

Client (or Guardian) Date

Therapist Date